

1

Walkathon - Walk 14 miles



2

Runathon - Run 14 KM



3

Readathon - Read 14 books, or 14 factsheets



4

Watchathon – Watch 14 movies



5

Donate 14 items to our partners iCollectClothes



6

Hand make & sell 14 items



7

Car Wash – Wash 14 cars



8

Give 14 – Sign up to give £14 a month



9

14 day challenge – do 14 press ups a day, or skip for 14 minutes



10

Sponsored Silence – Stay silent for 14 hours



11

Quiz Night – host a quiz night with 14 questions on each round



12

Swimathon – swim 140 lengths



13

Bake Sale – Bake 14 cakes to sell to friends & family



14

Try 14 new things – get those bucket list items ticked off

