

# Have you got a food allergy and experience severe reactions? Would you like to join a study to help us understand how to support self-care?

The study team at Southampton University would love to hear from you

## Eligibility Criteria:

- Aged 13-25 years
- Parent or carer of young person aged 13-25
- Likely diagnosis of food induced anaphylaxis or at risk of anaphylaxis

## How to sign up:

Follow the link, or scan the QR code, to access our website and study team contact information:  
[https://www.southampton.ac.uk/primarycare/foodallergyatriskofanaphylaxis.page#about\\_the\\_project](https://www.southampton.ac.uk/primarycare/foodallergyatriskofanaphylaxis.page#about_the_project)



## What is involved?

Up to 2 interviews lasting up to 1 hour each  
It could be online via telephone or videocall

## Contact us:

Elizabeth Angier  
eaa1u17@soton.ac.uk  
07388698356

and more information: