*anaphylaxis UK "30 for 30" Fundraising for Schools

Join us in celebrating our 30th anniversary by taking on a special **"30 for 30"** fundraising challenge. Here's some inspiration for you and your students...



WEAR IT BRIGHT: Instead of the standard non-school uniform day, why not get the whole school to **#WearItBright** during Anaphylaxis Awareness Week and show your support for people living with serious allergies?

MAKE YOUR OWN COLLECTION BOXES: Download the FREE collection box templates from the <u>fundraising resources</u> on our website and make a collection box for donations at school during Anaphylaxis Awareness Week.



3

SCHOOL ALLERGY QUIZ: Download our <u>school allergy quiz</u> and encourage your students to enter in exchange for a small entry fee. Can you get **30 children to take part**?

ALLERGY-FRIENDLY BAKE SALE: Encourage students to bake a selection of allergy friendly cakes and treats and sell them to their classmates and teachers for **30p per treat**.



5

ARTS AND CRAFTS: Do any of your students have a special crafting talent? Why not **make and sell 30 handmade items**? Get the whole class involved in either making or selling the items.

SPONSORED SILENCE: One we know the teachers will enjoy! Can you get your class to stay silent for **30 minutes** at the same time? Give it a try and see how much sponsorship money you can raise. It's not as easy as it sounds!





GIVE IT UP CHALLENGE: Whether its sweets, chocolate, gaming, social media... See if the children can give up something they really enjoy **for 30 days** and get sponsored as a class to do it!



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8

TAKE IT UP CHALLENGE: Alternatively how about a 'take it up challenge'? Whether it's walking the dog, washing up, making the bed - whatever the chore, challenge students to take it up **for 30 days** and get that sponsorship money in!

WORRY WORMS: How about a fun little activity for those rainy breaktimes? Can your year group **make 30 'worry worms'** and hide them around the classrooms for friends to find? Look out for our tutorial on how to make worry worms coming soon.

9

10

UNIFORM DAY FOR TEACHERS: How about getting the teachers involved with a twist on a non-school uniform day? Can you encourage your teachers to wear school uniform for the day in exchange for a **£30 donation** from their class?

YES DAY CHALLENGE: Challenge students to say YES to everything their teachers ask them to do **for 30 hours**, in exchange for donations of course! Don't forget to pay your donations online at www.anaphylaxis.org.uk/donate



12

30 PROMISES: How about coming up with **30 class promises** that you can sell to the highest bidder? Students could promise to share their chocolate, eat all their vegetables or any other promise their friends and family might like to buy!

ALLERGY FACT FINDING: Using the Anaphylaxis UK website, encourage the class to find **30 facts** about allergies and share it with the rest of the school – raising awareness is key after all!



14

TIME TO SHINE: Do your school children have any special talents? Why not organise a **30 minute** talent show at lunchtime and sell tickets to their classmates! Get the whole school involved to showcase how talented you all are!

GIFT WRAPPING SERVICE: It's never too early to think about Christmas! Why not organise a gift wrapping service at your school fayres in exchange for a small donation for each present wrapped. Can your students wrap **30 presents**?





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16

CLASS JAR SAVINGS: Challenge each class to collect small change in a jar over Anaphylaxis Awareness Week and see **how many classes can raise £30**? It's amazing how much small change you can find down the back of the sofa!

BOOK SWAP SHOP: Set up a book swap shop in your school and encourage everyone to donate their old books. Books can then be purchased for a donation. Can you **sell or donate 30 books**?



18

READING CHALLENGE: Set your class a goal of **reading 30 books** before the end of the year. Encourage them to get friends and family to sponsor them for every book they read!

30 MILES IN 30 DAYS: Can you take on a class challenge of covering **30 miles** in **30 days**? You can cover the distance however you like... Swim, walk, run, cycle! Don't forget to collect donations or sponsorship for every mile you complete.



20

BRIGHTEST CLASSROOM: Using the 'Wear It Bright' theme can you challenge each class to decorate their classroom in the most vibrant way possible? Each class pays an entry fee with the winners being awarded a dress down day or other treat.

CELEBRATION CARDS: Whatever the celebration... birthdays, Christmas, Easter, Valentines... could your class make **30 cards** to sell for a small donation. People love one-of-a-kind cards that can't be bought in the shops!



22

WEAR IT ORANGE: If you fancy a simpler #WearItBright challenge, could your class wear an orange accessory to school every day **for 30 days**? Don't forget to get students to tell people why you're wearing so much orange!

SPONSORED DANCE-A-THON: This is one to help the whole class burn off some energy! Can your class **dance to 30 songs in a day**? Don't forget to get sponsored for each song you dance to!





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KARAOKE CHALLENGE: If dancing isn't your thing, then why not try a singing challenge? Can your class sing to **30 songs in a day** or how about only picking songs from 1994, the year our charity was founded?

WHO'S THE BABY QUIZ: Can you organise a baby photo quiz with **30 baby photos of the school staff**? Set an entry fee and then send the quizzes home for the whole family to take part.



26

I'M AN APPRENTICE!: How about a challenge that involves lots of classes competing with each other to make and sell items to parents? Who can raise the most money? Can your class **sell 30 items** quicker than the other teams?

SPONSORED RUN/WALK: Can your class complete **30 laps of the school playground** over the course of the day? Get as many people as possible involved and wear something orange to show your support for Anaphylaxis UK.



28

SELFIE CHALLENGE: Why not take on a selfie challenge and **take 30 weird and wonderful selfies** around the school? Even better, include an Anaphylaxis UK poster in your selfies to raise awareness!

SPELLING BEE CONTEST: Using our free downloadable template, hold a <u>spelling bee contest</u>. Anaphylaxis is a very tricky word to spell! Set an entry fee and a prize for the overall winner, can you **raise £30 or get 30 students to enter**?



30

RAISE £30 IN 30 MINUTES: If none of our suggestions appeal to you, then why not set your class a quickfire challenge of raising **£30 in 30 minutes**? However you do it, you've got just 30 minutes to do it!

If you are organising your own event for us, there are a few things to consider to ensure that your event runs smoothly, safely and legally. Visit our <u>Keeping Fundraising Safe & Legal</u> webpage for more information.

Good luck with your fundraising efforts and don't forget to let us know what you get up to by contacting fundraising@anaphylaxis.org.uk... We'd love to hear from you!

